



21st Sunday After Pentecost

Resource Overview for Parents and Families

Scripture Readings

Epistle/Apostol:

1 Cor. 12:27-31; 13:1-8

Gospel:

Luke 16:19-31

Apolytikion/Troparion – Tone 4

When the women disciples of the Lord learned from the angel the joyous message of the Resurrection they cast away the ancestral curse and elatedly told the Apostles:

"Death is overthrown! Christ God is risen, granting the world great mercy."

Kontakion – Tone 4

My Savior and Redeemer as God rose from the tomb and delivered the earth-born from their chains.

He has shattered the gates of hell, and as master, He has risen on the third day!

This Week We Learned About

✠ Scripture

- 1 Cor. 12:27-31; 13:1-8
- Luke 16:19-31

✠ Liturgical Life

- Receiving the Eucharist

✠ Feasts & Saints

- Ss. Cosmas and Damian (November 1)

✠ Daily Living

- Serving God,
Serving our neighbors

Questions for Your Kids

- How can we avoid being like the rich man in the parable?
- Why do you think St. Paul persecuted the church before He believed?
- How did he act after believing in Jesus?

- Why do we fast from midnight before liturgy, to receive the Eucharist?
- After receiving the Eucharist, what should we do while others are receiving the Body and Blood of Jesus Christ?

- Why do we celebrate the memory of Ss. Cosmas and Damian?
- How could we follow their example in our own lives (even if we don't become doctors)?

- What are some of the ways you enjoy serving God through the church?
- What's one thing you would love to try in service to God?

Learn and Discover Together

- In the epistle/apostol, why does St. Paul say we're Orthodox Christians first, and then individuals?
- What types of talents do we have which could be used to help the church?

- Why do we have special prayers to read before liturgy for receiving the Eucharist?
- How does the Eucharist provide spiritual nourishment for our daily lives?

- Let's read the lives of Ss. Cosmas and Damian together:
http://bit.ly/cosmas_damian
- What inspired you about their lives?

- How could we serve our neighbors (i.e., those less fortunate) in our community?
- What inspires you to help others?

Learn More...

Study guides for different age groups are available to accompany the "Seize the Moment" handout for the 21st Sunday after Pentecost.

Use as many or as few of the questions and discussion topics to help children learn about the feast while discovering how the Orthodox Faith can be a part of their daily life.

Ask open-ended questions which may lead the conversation to reveal their thoughts about God.

As parents, we may not readily have all the answers, but we have the ability to inspire a desire in children to love God, which can benefit them throughout their lives.

In the Week Ahead...

Normal Wednesday/Friday fasting (no meat) continues.

November 1 – Ss. Cosmas and Damian the Unmercenary Doctors

November 5 – St. Jonah of Novgorod

November 7 – St. Theodotus of Ancyra



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