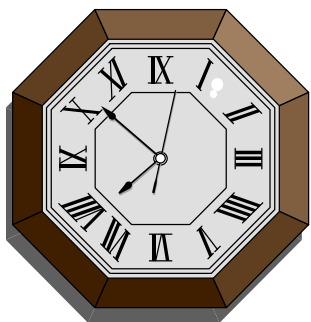


A peaceful weekend of prayer, instruction, fellowship, sharing, and quiet in the retreat setting of the Capuchin Center for Spiritual Life.

We are greatly blessed to have Father Evan lead the sessions at this annual Lenten retreat.

The time will be spent in worship services, communal meals, instructional sessions, and time for quiet reflection and prayer.

The fee of \$135 covers all costs, including lodging and meals. Contact Father Paul at the Cathedral for more info on available financial assistance.



*Don't Let the
Time Slip By!
Sign Up Now!*



Father Evan was ordained in 2002 and serves as the full-time priest at Saint Spyridon's Orthodox Church in Loveland, CO; he, his wife, and their four children live and enjoy the outdoors in nearby Fort Collins.

Although Father Evan's experience in establishing schools in Africa and directing the Denver Metropolis' summer youth camp program precedes him, he is most commonly recognized as the host of "Orthodoxy Live," a live call-in radio show featured on Ancient Faith Radio, broadcasting every Sunday night at 7pm Central.

St. George Cathedral cordially invites you to join the men of St. George for the Nineteenth Annual:

Men's Lenten Retreat 2020

as

Father Evan
Armatas

presents:

Saving Relationships

March 13-15,
2020

Capuchin Center for Spiritual Life
900 Cathedral Avenue, Victoria, KS

Name: _____

REGISTRATION FORM

Address (incl. City, State, ZIP): _____

Home Phone: _____ Work Phone: _____ E-mail: _____

I have space available in my vehicle for those needing transportation: (for last minute changes, only) I need transportation:

- Registration Fee: \$135
- Make checks payable to: St. George Cathedral
- Meals & Lodging included

- Space is limited; first-come, first-served

Please return this form to St. George Cathedral, 7515 E. 13th Street North, Wichita, KS 67206-1223 or call 316-636-4676 (or email gina@stgeorgecathedral.net) and ask to register for the Men's Lenten Retreat

RETREAT SCHEDULE

Friday, March 13

- 3-7:30p Arrival, Registration & Light Refreshments
- 7:30-8:30p Little Compline with the Akathist to the Most Holy Theotokos
- 8:30-9p Session One
- 10:30p Lights Out

Saturday, March 14

- 7:30a First & Third Hours
- 8a Breakfast
- 8:30-11:30a Morning Session
- 12p Trisagion for Departed Retreat Attendees
- 12:30p Lunch
- 1:30-4:00p Afternoon Session
- 4:30p Great Vespers
- 5:30p Dinner
- 6:30-8:30p Sharing/Fellowship
- 8:30p- Canon of Preparation for Holy Communion
- 10:30p Lights Out

Sunday, March 15

- 7:15-7:45a Kairon & Prothesis
- 7:45-8:30a Orthros
- 8:30-10a Divine Liturgy
- 10a Brunch, Blessing & Departure

RETREAT LOCATION

Capuchin Center for Spiritual Life

St. Fidelis Friary
900 Cathedral Ave.
Victoria, KS 67671

DIRECTIONS

From Wichita

I-135 North to I-70 (90 mi.)
I-70 West to SR255 (82 mi.)
SR255 South to Victoria (2 mi.)

From Salina

I-70 West to SR255 (82 mi.)
SR255 South to Victoria (2 mi.)

From Topeka

I-70 West to SR255 (180 mi.)
SR255 South to Victoria (2 mi.)

For more information (or to coordinate ride-sharing), contact:

Jon de Jong
dejongbiz at sbcglobal dot net

St. George Cathedral
7515 East 13th Street
Wichita, Kansas 67206-1223
316-636-4676
www.stgeorgecathedral.net